

**Healthy Lifestyles Action Plan – Year Two Progress Report**

Outcome Objective 1: By December 31, 2018, reduce obesity prevalence by 5 percent from baseline (23.9 to 22.7 percent) in DuPage County adults aged 20 and older, through policy, system, and environmental change (PSE).				
	Baseline	Current	Target	Status Updates
Impact Objective 1.1: By December 31, 2018, educate 3,000 people (duplication possible) through newsletters, Facebook posts, Twitter tweets, Coalition meetings, presentations, and website information on the importance of PSE change.		6268	3,000	5 Quarterly Newsletter distributed since January 2017 to coalition members and partners. Coalition meeting was held in June 2017.
Impact Objective 1.2: By September 30, 2016, present Addressing Obesity in DuPage County: What You Can Do in-person to 400 people.	0	563	400	As of February 27, 2017, the report was presented in person through community presentations and coalition meetings.
Impact Objective 1.3: By June 30, 2017, distribute 20,000 5-4-3-2-1 Go!® resources (flyers, magnets, stickers, crowns, posters, and lesson plans) to DuPage County community partners.		25,925	20,000	Between January 2016 and December 2017, 25,925 resources were distributed in the form of booklets, crowns, magnets, stickers, and flyers.
Impact Objective 1.4: By December 31, 2016, secure \$100,000 to support additional initiatives in DuPage County to reverse obesity.		\$335,000	\$100,000	Secured \$180,000 for 2017 and \$155,000 for 2018 to support FORWARD as an intermediary.
Impact Objective 1.5: By December 31, 2016, four hospitals in DuPage County will implement strategies to reduce sodium in their cafeterias, vending, and/or patient menus.	0	8	4	Five hospitals (Linden Oaks, Edward, Elmhurst, Central DuPage, and Good Sam) completed a pre assessment of their sodium reduction strategies in December 2015. At the end of 2016, these hospitals completed a post assessment survey to share their current sodium reduction strategies. These five hospitals shared information on the strategies they completed from their action plans,

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				<p>which will be incorporated into a best practices document that the Illinois Hospital Association (IHA) will create and post on the IHA website.</p> <p>In 2017, the remaining three hospitals in DuPage County (Marianjoy Rehabilitation Hospital, Hinsdale Hospital, and Glen Oaks Hospital) completed a pre-assessment of their sodium reduction strategies. An additional hospital outside DuPage, La Grange Hospital, also participated. Post-assessments will be conducted in April 2018.</p>
Impact Objective 1.6: By June 30, 2016, the CDC's Healthier Hospital Food and Beverage Environment Scan and the CDC's Healthy Hospital Physical Activity Environment Scan will be conducted in four hospitals in DuPage County.	0	8	5	As of February 2017, the scans have been completed at eight hospitals in DuPage (Linden Oaks, Edward, Elmhurst, Central DuPage, Good Samaritan, Marianjoy, Hinsdale, Glen Oaks). Staff from the DuPage County Health Department (DCHD) worked with staff from each hospital to complete the scans, offer recommendations, and develop strategies to implement.
Impact Objective 1.7: By December 31, 2016, 5 hospitals serving DuPage County will each implement at least four strategies to improve the food and beverage environments within their respective hospitals.	0	5	5	Five hospitals have implemented and shared information on the strategies they have completed. The remaining 3 hospitals in DuPage will be sharing their progress by June 30, 2018.
Impact Objective 1.8: By December 30, 2017, the DuPage County Health Department will have achieved Gold Level recognition from the American Heart Association's Fit Friendly Worksite Program, or other nationally recognized program.	No recognition	No recognition	Recognition	DCHD has not yet pursued the AHA recognition, and will look into other options. DCHD completed the CDC Worksite Health Scorecard.
Impact Objective 1.9: By December 30, 2017, all hospitals (8) in DuPage County will achieve Gold Level recognition from the American	0	0	8	The Worksite Wellness Committee has re-evaluated recognition status levels and have

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Heart Association's Fit Friendly Worksite Program, or other nationally recognized program.				decided not to pursue at this point. We are currently exploring other options
Impact Objective 1.10: By December 30, 2017, two hospitals in DuPage County will achieve Worksite Innovation recognition from the American Heart Association's Fit Friendly Worksite Program, or other nationally recognized program.	0	0	2	The Worksite Wellness Committee has re-evaluated recognition status levels and have decided not to pursue at this point. We are currently exploring other options
Impact Objective 1.11: By December 30, 2017, 5 large businesses (>500 employees) in DuPage County will implement comprehensive employee wellness plans, including environmental, policy, and program supports.	0	2	5	Two businesses have completed action plans and are working on their goals
Impact Objective 1.12: By December 31, 2018, 5 worksites in DuPage County will achieve Gold or Platinum Level recognition from the American Heart Association's Fit Friendly Worksite Program, or other nationally recognized program.	0	0	5	The Worksite Wellness Committee has re-evaluated recognition status levels and have decided not to pursue at this point. We are currently exploring other options

Outcome Objective 2a: By December 31, 2018, reduce obesity prevalence by 5 percent from baseline (15.7 in 2014 to 14.9 in 2018) in DuPage County 2-4 year olds enrolled in WIC (the USDA's Special Supplemental Nutrition Program for Women, Infants, and Children), as reported by the DuPage County Health Department, through policy, system, and environmental change.				
	Baseline	Current	Target	Status Updates
Impact Objective 2.1: By March 31, 2016, identify and engage an academic partner to lead research on obesity prevalence disparities in DuPage County 2-4 year olds enrolled in WIC (see expanded objective below).	N/A	complete		Benedictine University was selected to partner and lead research on obesity. Completed 1/31/17.
Impact Objective 2.2: By September 30, 2016, begin study recruitment and implementation. By	N/A	In Progress	12/31/19	Initial pilot study completed 11/2017, Preparing for an online study summer 2018.

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December 31, 2018, continue study, intervention(s) and outcomes monitoring, with (at least) annual review, analysis, and evaluation.				
Impact Objective 2.3: By March 31, 2019, conduct final outcomes analysis, interpretation, and evaluation, for subsequent reporting to internal and external stakeholders.	N/A	pending	3/31/19	Pending completion of Impact Objective 2.2

Outcome Objective 2b: By December 31, 2018, reduce obesity prevalence by 5 percent from baseline (14.3 to 13.6 percent) in DuPage County public school kindergarten students through policy, system, and environmental change.				
	Baseline	Current	Target	Status Updates
Impact Objective 2.4: By June 30, 2016, 7 early childhood centers in DuPage County will complete the nutrition & physical activity self-assessments of Nutrition & Physical Activity Self-Assessment for Child Care (NAP SACC), or evidence-based assessment.	0	15	7	In 2015-2016, DCHD worked with 7 early childhood centers to complete the NAP SACC assessments. In 2016-2017, an additional eight centers were recruited and are participating in completing the assessments. In 2017-2018, DCHD continued to work with eight centers to re-assess.
Impact Objective 2.5: By June 30, 2016, 7 early childhood centers in DuPage County will create and begin implementation of action plans to address opportunities identified in nutrition and physical activity self-assessments.	0	15	7	In 2015-2016, DCHD worked with 7 early childhood centers to complete the assessments and develop action plans based on the results. In 2016-2017, an additional eight centers were recruited and completed action plans. In 2017-2018, DCHD continued to work with eight centers to re-assess and expand on action plans.
Impact Objective 2.6: By June 30, 2017, one early childhood center serving low-income children in DuPage County will receive recognition from Let's Move! Child Care.	0	0	1	DCHD is exploring potential centers that would be interested and ready to apply for recognition.

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Outcome Objective 3: By December 31, 2018, reduce obesity prevalence from 15.1 to 14.4 percent in DuPage County kindergarten, sixth grade, and ninth grade public school students, as reported by the DuPage County Health Department, through policy, system, and environmental change.				
	Baseline	Current	Target	Status Updates
Impact Objective 3.1: By June 30, 2017, 25 schools in DuPage County will create or expand district wellness committees/school health teams.	0	7	25	DCHD worked with 3 schools in Addison who created or expanded their wellness teams. FORWARD's partners funded 4 additional schools throughout the county who created wellness teams.
Impact Objective 3.2: By June 30, 2017, 25 schools in DuPage will create an action plan to implement school wellness policies and improve practices and environments.	0	7	25	DCHD worked with 3 schools in Addison who each created action plans, and worked to implement strategies outlined in the plans. FORWARD worked with 4 schools throughout the county who created action plans, and worked to implement strategies outlines in the plans.
Impact Objective 3.3: By June 30, 2017, 25 schools will implement AFHK's Game On program and/or activities aligned with Learning the Namaste Way to achieve school health policy, systems, and environment and practice changes.	0	pending	25	FORWARD's 4 schools will implement AFHK's Game On program in April 2018.
Impact Objective 3.4: By June 30, 2018, at least 10 schools will apply for HealthierUS School Challenge, Alliance for a Healthier Generation's Healthy Schools Program, or another approved recognition program.	0	0	10	No progress to date
Impact Objective 3.5: By June 30, 2017, 40 schools will host events and expand their relationships with parents, volunteers, and other community partners to support school health advancement.	0	29	40	29 schools in DuPage county participated in The Great Apple Crunch